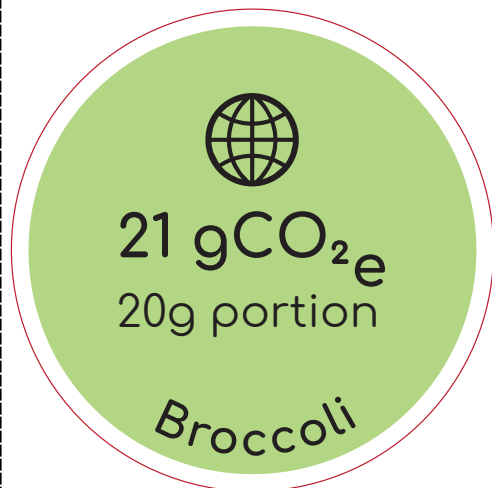
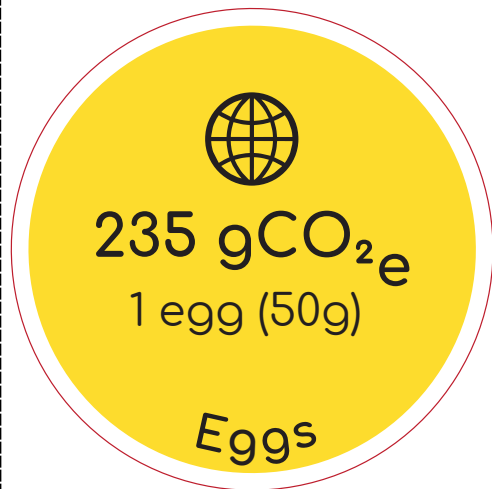
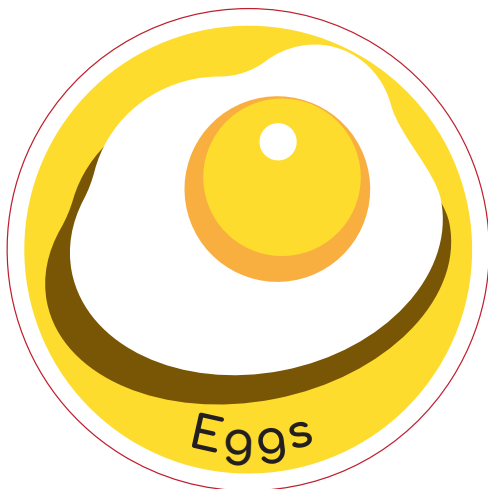
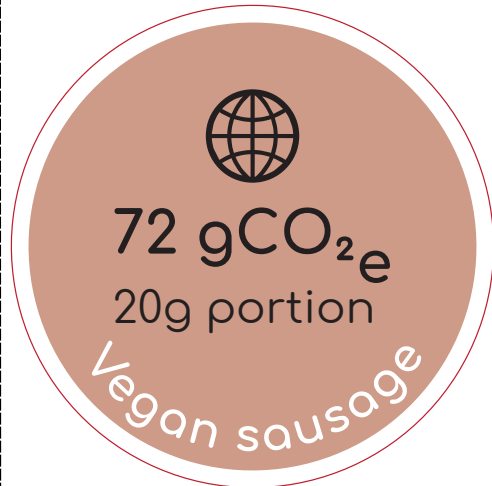
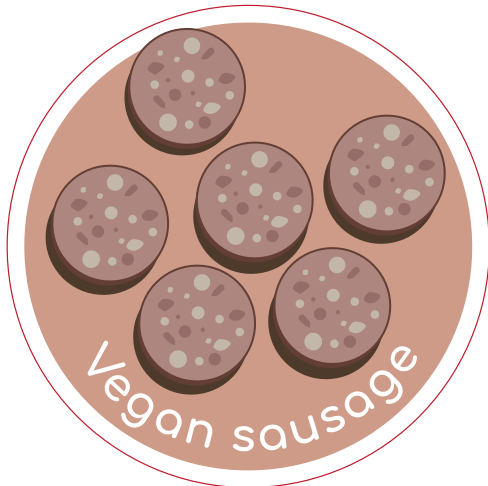
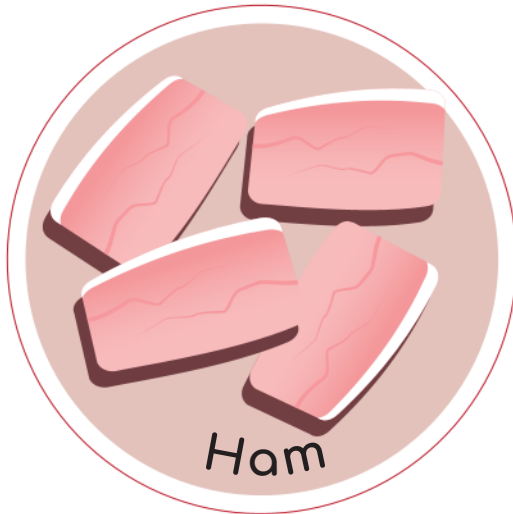


Print, cut, then laminate back-to-back to create an ingredient disc, with the picture on the front and emissions on the back.










45 gCO₂e
20g portion
Sweetcorn




22 gCO₂e
20g portion
Peppers




14 gCO₂e
20g portion
Pineapple




3 gCO₂e
20g portion
Summer tomato