



14 gCO₂e

20g portion

Pineapple



3 gCO₂e

20g portion

Summer tomato



22 gCO₂e

20g portion

Peppers



284 gCO₂e

20g portion

Pepperoni



185 gCO₂e

20g portion

Chicken



45 gCO₂e

20g portion

Sweetcorn



7 gCO₂e
20g portion

Mushroom



214 gCO₂e

20g portion

Ham



21 gCO₂e

20g portion

Broccoli



235 gCO₂e

1 egg (50g)

Eggs



207 gCO₂e

20g portion

Sausage^e



72 gCO₂e

20g portion

Vegan sausage



14 gCO₂e

20g portion

Onion



318 gCO₂e

20g portion

Extra cheese



29 gCO₂e

20g portion

Extra vegan cheese



250 gCO₂e

20g portion

Winter tomato